

UMS WRIGHT PREP

LUNCH MENU SEPT-OCT

UPPER SCHOOL-NOVEMBER

Lexington
INDEPENDENTS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JAN 3-7	Beef and Chicken Sliders, Conecuh Dogs, Cheese Fries	Tacos, Nachos, Queso Dip, and Spanish Rice	Sweet and Sour Chicken, Fried Rice, Lo mien and wontons	Dipped Wings and tenders And cheese Fries	Pizza Slices, Flatbread, calzones, Mozzarella sticks, and meatball subs
JAN 10-14	Chicken And Sausage Jambalaya Fried Okra Cream Corn Chef Veg.	Stuff Pork Lion Rice Pilaf Chef Choice Veg. Dinner Roll	Red Beas & Rice Sausage Green Beans Grill Chicken Roll	Country Fried Steak Mashed Potato Chef Vegetable Roll	Fried Fish Baked Fish Cheese Grits Green Beans Hush Puppies
JAN 17-21	Beef Tips White Rice Sauteed Yellow Squash Roasted Broccoli Dinner Roll	Homemade Italian Meat Balls Pasta Marinara Green Beans Oven Roasted Sweet Potatoes Yeast Roll	Hamburger Steak Mash Potatoes Green Beans Roll	Baked Chicken Mac & Cheese Broccoli Yeast Roll	Fried Fish Blackened Fish Dirty Rice Fried Okra Roasted Corn Hushpuppies
JAN 24-28	Shrimp And Sausage Jambalaya Fried Okra Cream Corn	Smothered Pork Chop Bacon Mashed Potatoes Lima Beans Chef Vegetable Roll	Jerk Chicken Rice And Peas Skillet Cabbage Corn Bread	Smoked Ribs Baked Beans Twice Baked Potatoes Mac & Cheese Coleslaw House Roll	Fried Fish Herd Roasted Fish Garlic Seasoned Rice Broccoli Sauteed Carrots Yeast Roll
JAN 31-4	Lasagna Green Beans Sweet Carrots Rolls	Chicken Parmesan Fettuccine Green Beans Gallic Bread Roll	Fried Chicken Mac & Cheese Black Eyed Peas Corn Bread	Pot Roast Rice Black Eye Peas Corn Bread	Fried Fish Blackened Fish Potato Salad Fried Pickles Hushpuppies

Director : Rhodine Davis

Email: rhodine.davis@lexingtonindependents.com

Menu is subject to change