



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Red Beans and Rice Vegetable medley Fried Okra Texas Toast	Lasagna Roasted Carrots Broccoli Garlic Bread	Smothered Porkchops White Rice Roasted Corn Green Peas Roll	Chicken Spaghetti Field Peas Wiled Rice Blacken Chicken Roll	Fried Fish Baked Fish Cheese grits Roasted Squash Hush puppy
WEEK 2	BBQ Pulled Pork Baked Beans Cole slaw Corn on the Cob Twice Baked Potatoes	Fried Chicken Mashed potatoes Squash Medley Roll	Hamburger steak Green Beans Mash Potatoes Garlic Bread	Beef Tips Herb Rice Roasted Vegetables Roll	Fried Fish Baked Fish Dirty Rice Cabbage & Potatoes Hush Puppy
WEEK 3	Homestyle Meatloaf Mashed Potatoes Roast Brussel Sprouts Roll	Spaghetti & Meat Balls Broccoli Vegetable Medley Garlic Bread	Fried Chicken Mac&Cheese Green Beans House Rolls	Smoked Ribs Twice Baked Potatoes Corn on the cob Texas Toast	Fried Fish Baked Fish Dirty Rice Fried Okra Hush puppy
WEEK 4	Red Beans and Rice Vegetable medley Fried Okra Texas Toast	Chicken Alfredo Green Peas Roasted Carrots Garlic Bread	Fried Pork Chop Roasted Potatoes Asparagus Cornbread	Roasted Chicken Mac & Cheese Green Beans Roll	Fries Fish Baked Fish Cheese Grits Roasted Squash Hushpuppy
WEEK 5	Seafood Jambalaya Fried green tomatoes Sauté spinach Rolls	Swedish meatballs Herb Rice Collard Greens Cornbread	Pot Roast with vegetables White rive Green Beans Rolls	Country Fried Steak Mashed Potatoes Roasted Squash Roll	Fried Fish Baked Fish Dirty Rice Cabbage & potato Hushpuppies

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Menú is subject to change